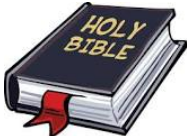
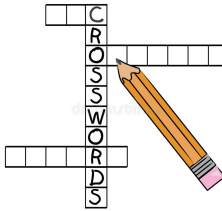
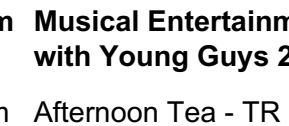


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreationists Cassandra Azzopardi - Ext. 2496 cazzopardi@elliottcommunity.org Melissa Van Bommel - Ext. 2232 mvanbommel@elliottcommunity.org Alicia Donaghy adonaghy@elliottcommunity.org Recreation Supervisor Michelle Holland Ext. 2366 mholland@elliottcommunity.org Chaplain Pastor Mike Dell- Ext. 2248 chaplain@elliottcommunity.org	1 10:30am Pass the Word Along - EB 2:45pm Afternoon Tea - TR 2:45pm Walks with Melissa - BCY 3:15pm RC Communion - EB 	2 1:30pm VON Exercises - ER 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	3 9:15am Seated Exercise - ER 10:30am Word Games - EB 12:00pm Fish & Chips Lunch Club with Elliott Chef Sherry (Sign up with Recreation) - Cafe 1:30pm Sit, Knit & Socialize - L 2:45pm 1:1 Staff Visit - RR 2:45pm Afternoon Tea - TR 	4 9:30am Trivia - EB 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Visits with Sheilla - RR 2:45pm Musical Entertainment with John Pebble - M 2:45pm Afternoon Tea - TR 6:15pm Movie Matinee - 4 	5 9:30am Documentary - EB 10:30am Seated Stretches - ER 1:30pm Bingo - TR 1:30pm Singing Group with Mairead - EB 2:45pm Afternoon Tea - TR 3:00pm Creative Colouring - L 3:00pm Ukulele Group - EB 	6 9:45am Seated Exercise - ER 1:30pm Sing Along - M 2:45pm Afternoon Tea - TR 
7 10:00am Chapel Service with Pastor Mike - C 1:30pm Crosswords - EB 2:45pm Afternoon Tea - TR 	8 9:30am Ellington Exercise Room Assistance - ER 10:00am Food Committee Meeting - TR 10:30am Music Appreciation: Canadian Artists - EB 1:30pm Recreation Committee Meeting - EB Happy Hour 2:30 - 3:30 in the Cafe 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 	9 1:00pm African Lion Safari Outing (Sign up with Recreation) 1:30pm VON Exercises - ER 2:45pm Afternoon Tea - TR 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	10 9:15am VON Exercises - ER 10:00am St Andrew's Presbyterian Chapel Service - C 2:00pm Elliott Community Carnival - CC 2:45pm Afternoon Tea - TR 	11 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Word Games - EB 2:45pm Musical Entertainment with Eric Lunn - M 2:45pm Afternoon Tea - TR 6:15pm Documentary - EB 	12 9:15am Ellington Exercise Room Assistance - ER 10:00am Bell Choir with Mairead - EB 10:30am Never Have I Ever - EB 1:30pm Name 6 - EB Happy Hour 2:30 - 3:30 in the Cafe 2:45pm Afternoon Tea - TR 3:00pm 1:1 Travelling Cart - RR 3:00pm Ukulele Group - EB 	13 9:30am Seated Exercise - ER 10:30am Paraffin Wax Hand Treatments (Sign up) - L 1:45pm Bingo - EB 2:45pm 1:1 Pet Therapy Visits - RR 2:45pm Afternoon Tea - TR 
14 10:30am Word Games: Scattergories - L 2:45pm Hot Chocolate & Cookie Social - TR 	15 11am-12pm Bookmobile 1:30pm Word Challenge - EB Happy Hour 2:30 - 3:30 in the Cafe 2:00pm Seated Zumba with Stephanie - CC 2:45pm Afternoon Tea - TR 3:00pm Sing Along - M 3:15pm RC Communion - EB 6:45pm Trivia & Treats - TR 	16 1:15pm VON Exercises - ER 2:00pm Resident Town Hall Meeting - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	17 10:00am Holy Rosary Catholic Mass - C 10:15am Guelph Humane Society Tour (Sign up with Recreation) 2:00pm Visits with Melissa - RR 2:45pm Afternoon Tea - TR 3:00pm Creative Colouring - L 	18 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 2:00pm Birthday Party with Kevin Coates - CC 2:45pm Afternoon Tea - TR 6:15pm Movie Matinee - 4 	19 8:15am Men's Pancake & Bacon Breakfast Club (Sign up with Recreation) - TR 10:30am Crosswords - EB 1:30pm Singing Group with Mairead - EB Happy Hour 2:30 - 3:30 in the Cafe 2:00pm Musical Entertainment with Young Guys 2 - CC 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB 	20 9:45am Seated Exercise - ER 1:30pm Sing Along - M 2:45pm Students Supporting Seniors from UofG Visits - CC 2:45pm Afternoon Tea - TR 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00am Chapel Service with Pastor Mike - C 1:30pm Geography Bee - EB 2:45pm Afternoon Tea - TR 	22 First Day of Fall- Wear Red, Orange, Yellow! 9:30am Seated Stretches - ER 10:30am Creative Corner: Painting Pumpkins - L 1:30pm Sit, Knit & Socialize - L Happy Hour 2:30 - 3:30 in the Cafe 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 	23 10:15am Music Together Now Intergenerational Program (Sign up Only) - CC 2:00pm Memorial Service - C 2:45pm Afternoon Tea - TR 3:00pm Sunshine Dog Visits - M 5:00pm Classic Car Show & Dinner at the Guelph Curling Club (Sign up with Recreation) 	24 8:15am Pancake & Bacon Breakfast Club (Sign up with Recreation) - TR 10:30am Word Games - EB 2:00pm Accordion with Gary - C 2:00pm Bingo - EB 2:45pm Afternoon Tea - TR 3:00pm Flower Arranging - L 	25 9:30am Stories in Motion- A Partnership with John F Ross Students (Sign up Only) - CC 10:00am Rosary Group - EB 2:00pm Happy Hour with Rob Edlefsen - CC 2:45pm Afternoon Tea - TR 6:15pm Documentary - EB 	26 Hear Right Canada Clinic 2:00-3:00 - L 9:15am Ellington Exercise Room Assistance - ER 10:00am Bell Choir with Mairead - EB 10:30am Be The Judge - EB Happy Hour 2:30 - 3:30 in the Cafe 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB 	9:30am Coffee, Tea & Trivia - EB 10:30am Discussion Group: What's in Name? - L 11:00am Gidinawendamin/Ska'niko 22nd Annual Pow Wow Outing (Sign up with Recreation) 1:30pm Book Club - EB 2:45pm Wine & Cheese Social - TR 
28 The Great Harvest! 10:00am Chapel Service with Pastor Mike - C 1:00pm Walks with Melissa - BCY 2:45pm Afternoon Tea - TR 	29 11am-12pm Bookmobile 1:30pm Walmart Shopping Outing (Sign up with Recreation) Happy Hour 2:30 - 3:30 in the Cafe 3:15pm RC Communion - EB 6:45pm Piano with Alicia - M 	30 National Day for Truth & Reconciliation - Wear Orange! 10:15am Music Together Now Intergenerational Program (Sign up Only) - CC 10:30am Morning Meditation - EB 1:30pm Name 6 - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 	Program Location Legend EB- Ellington Basement M- Main Lobby CC- Community Centre ER- Exercise Room RR - Resident's Room TR - Ellington Tea Room BR - Elliott Boardroom CP - Cheers Patio BCY - Back Courtyard L- Library	HAPPY HOUR!! Join us in the newly renovated Hub Community Cafe Every Monday and Friday from 2:30 - 3:30pm Cost is \$5.00/alcoholic drink (1 drink maximum) 		General Store Hours Sunday: 1:00 - 4:00pm Monday: 9:30 - 11:30am Tuesday: 1:30 - 3:30pm Wednesday: 9:30am - 3:30pm Thursday: 9:30am - 12:30pm Friday: 9:30am - 12:00pm Saturday: CLOSED 